

PROGRAM SCHEDULE



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CONTINUOUS PROGRAM

Office of Kindness - Whimsy as a Remedy for Life's Daily Dilemmas

Jean Taylor & Zoey Peacock- Jones (US)

The Office of Kindness is open throughout the conference days. Possible to stay for as long as you like.

What's available at the Office of Kindness?

- Kindness Generation Station
- Engaged Listener Desk
- Silent Disco Rejuvenation Corner
- Daily Dilemma Community Solutions Board
- Office of Kindness Stickers and Tatoos
- Earn an Officially Kind Certificate

Burst

Heather Marshall (SC)

Experience Burst, an award winning work designed with and for neurodivergent families and their friends, and gain an insight into how Heather created an accessible performance that helps to soothe sensory overwhelm.

Creative Electric's bubble doctors prescribe a short stay in one of their infamous bubble beds where you will listen to a track over wireless headphones... slowly throughout your experience bubbles will appear and you'll feel your anxiety float away.

SCHEDULE DAY 1

Arts & Education: Learning reimagined

Teaching Artistry redefines how we learn – from classrooms to orchestras, from STEAM to storytelling. Across formal and informal learning contexts, artistic practices unlock new forms of knowledge, imagination and co-creation, where participants become creators of their own learning.

08:00 - 09:00	Morning Coffee and Registration
09:00 - 09:30	Artistic intervention: Crosspoint
09:30 - 10:30	Opening ITAC8
10:30 - 12:00	Keynote Eric Booth
12:00 - 13:00	Lunch
13:00 - 14:30	Parallel Sessions #1
14:30 - 15:00	Break
15:00 - 16:00	Keynote Arts & Education
16:00 - 16:30	Break
16:30 - 18:00	Parallel Sessions #2
18:15 - 18:45	Performance: Balle Aux Pieds

DAY 1

9:00 Crosspoint

Crosspoint is a participatory percussion project by 'Deeltijds Kunstonderwijs' (Part-time Arts Education), bringing together children and young people who create and perform using self-made instruments crafted from recycled materials. Together with the festival participants and their host families, they will open the conference with a vibrant parade filled with rhythm, creativity and celebration. Crosspoint highlights the power of collaboration, artistic expression and the ability of the arts to connect people across generations and cultures. It offers an inspiring and festive start to ITAC8.

9:30 Opening Ceremony

Join us as we officially open ITAC8 with welcoming remarks from the conference organisers, representatives of ITAC, and distinguished guests, including Caroline Gennez, Flemish Minister for Welfare and Poverty Reduction, Culture and Equal Opportunities. Together, they will set the stage for 3 days of exchange, inspiration and international collaboration, celebrating the vital role of Teaching Artists and the performing arts in society.

10:30 Keynote Eric Booth

Around the world, artists teach. Teaching artistry is more about how we teach than what we teach. The HOW of Teaching Artistry is rising in recognition as a distinctive, powerful and practical answer to our most persistent social and educational challenges. This keynote clarifies the unifying core of our field and addresses the key opportunities and obstacles we face, together. Teaching Artistry is the sleeping giant of social change, and the key to this keynote is how, together, we can shake that giant awake.

13:00 - 14:30 Parallel Sessions #1

Choose your learning pathway:

Choose [ONE 90-minute workshop](#)

Choose a combination of [TWO workshops](#)

Beyond the Warm-Up: Transforming Theatre Games into Teaching Tools

Yi Man Au (HK) 90 min

Theatre games can be transformed from simple warm-ups into powerful teaching tools for deeper learning. Participants play, deconstruct, and reconstruct games to explore their learning and thematic potential. Through experimentation and reflection, they discover how playful structures support meaning-making and engagement.

Shared Steps – Shared Sounds: A participatory workshop on embodied music-making and collective creativity

Georgia Nikolaou (BE) 90 min

Music and movement come together in a playful, collaborative space of embodied co-creation. Participants create sound, movement, and graphic scores together, with no prior experience needed. The workshop offers practical tools for fostering creativity, collaboration, and inclusion in diverse educational and community settings.

Readers Factory – An Immersive Game for Curious Minds of All Ages

Mariana Da Rosa Azevedo (BR) 90 min

Led by Mariana Da Rosa Azevedo and Francine Kliemann, Readers Factory is an immersive storytelling game where imagination becomes a tool for learning and connection. Participants co-create stories through a playful blend of theatre, play, and pedagogy. The workshop invites learners of all ages to rediscover learning through artistic exploration.

Cultivating Creativity in Yourself and in Your Learners

Jeff Poulin (US) 90 min

Creativity is presented as a key capability across education, society, and industry, with growing interest in how it can be developed and measured. The work introduces the Creativity Codex, a tool for understanding and tracking creative growth across four dimensions.

Creative Trails for Young Audiences

Prachi Singh (IN) 90 min

Creative Trails for Young Audiences introduces the ThinkArts methodology of creating hands-on, immersive, multi-sensory arts experiences. Participants design participatory trails using space mapping, prompts, and collaborative storytelling.

Group jam session: sound metaphors through creativity and listening

José D'Angelo (BE) 90 min

A collective sound jam creates human connection through deep listening, voice, body, and rhythm. Each experience is unique to its place, shaped by shared voices and evolving sounds. It offers a poetic space for meeting others through creative sound-making.

From scribbles to stories: Experiencing the phases of creative development and growth and what artists can learn from how children create

Delene Human (SA) 90 min

Led by Delene Human and Raita Steyn, participants engage in hands-on, interactive activities that trace the journey from mark-making to visual meaning-making. Blending theory and practice, the session offers insights into creative development, imagination, and artistic growth, while encouraging reflection and innovation.

To be confirmed

Andreas Timmerman (BE) 90 min

To be confirmed

13:00 - 14:30 Parallel Sessions #1

Choose your learning pathway:

Choose [ONE 90-minute workshop](#)

Choose a combination of [TWO workshops](#)

To Be(come) : the starting point

Sanderijn Helsen (BE) 50 min

To Be(come) is a co-creation project with adolescents (age 17-19) developing a collective manifesto for future performance. During the first phase, she will work with approximately 100 adolescents across multiple locations, applying a unique methodology. This workshop offers a glimpse into the co-creation process, methods, and early reflections from the project's development.

Sing for Wellbeing

Stephen Deazley (GB) 20 min

This work shares early findings from a collaborative project helping teachers build confidence in using music. It explores how singing can support wellbeing in primary classrooms facing a growing wellbeing crisis, introduces a Community of Practice approach, and offers practical singing activities for everyday classroom use.

Reclaiming Strategic Writing as Visionary Fiction

Ida Bomm (BE) 50 min

Strategic writing is reimagined as a creative and visionary practice rather than a purely functional task. Mission and vision texts are used to imagine new possibilities and directions. Participants are invited to bring creativity and critical thinking into institutional writing.

Circles of Imagination: Turning Experience into Visual Art

Isabella Mariana (PT) 20 min

Personal experiences are turned into visual metaphors using the Circle Method. Playful exercises with drawing, objects, and storytelling spark creative ideas and provide practical tools for idea generation across contexts.

Emotional and cognitive development of children with disabilities through game-based learning

Alma Karic (BA) 50 min

Led by Alma Karic and Elana Andrews, this session explores how play and gamification open new pathways for learning and emotional growth in children with disabilities. Practical examples show how games support attention, motivation, and social connection. Participants gain simple strategies to bring more play into inclusive education."

FAK - First aid kit

Tatjana Persuh (SI) 20 min

First aid kits and their expiration dates serve as a starting point for reflecting on global care, war, peace, and compassion. Through workshops in devised, puppet, and object theatre, and through conversations, young people create a shared creative space that explores global connectivity and builds bridges between cultures. Expired first aid kits are transformed into a socially engaged public presentation, linking art, recycling, and social responsibility.

Creating a Youth-led Music Program

Gergely Bandi (HU) 50 min

Youth-led music programs place young people at the center of creating and shaping their own ensemble. The workshop highlights how participatory approaches build motivation, ownership, and leadership through music-making. It shows how learner-centered methods support growth as musicians, decision-makers, and community members.

Incorporating Latin American Children's Folk Songs into Your String Teaching

Breanna Thornton (US) 20 min

Personal experiences are turned into visual metaphors using the Circle Method. Playful exercises with drawing, objects, and storytelling spark creative ideas and provide practical tools for idea generation across contexts.

To be confirmed

Mieke Segers (BE) 50 min

To be confirmed

To be confirmed

Lies Vandeburie (BE) 20 min

To be confirmed

15:00 Keynotes Art & Education

Mammoth vs. Mouse.

Catherine Stilmant

Mammoth vs. Mouse. Creating or strengthening the dialogue between Education and Culture in French-speaking Belgium: mission impossible? A critical yet optimistic look at a new policy based on stakeholder engagement, the Cultural and Artistic Education Pathway (PECA).

[title to be confirmed]

Dirk Lievens

To be confirmed: keynote on Flemish Part-time Arts Education (deeltijds kunstonderwijs)

16:30 - 18:00 Parallel Sessions # 2

Choose your learning pathway:

Choose an **ITAC Hub workshop**

Choose **ONE** 90-minute workshop

Choose a combination of **TWO** workshops

Dependency School

Guiyoung Hwang (KR) 90 min

Dependency is reframed as a skill that can be learned rather than an instinct. Participants engage in physical exercises, games, and role-play to experience dependence in new ways. The workshop reflects on everyday acts like receiving care and expressing needs, while examining the tension between autonomy and interdependence.

Co-create a manifesto of co-creation

Annika Serong (BE) 90 min

Questions around influence, equality, and potential manipulation in co-creation are brought to the forefront. Through drama and reflection, adolescents (12+) and Teaching Artists work together to define shared 'golden rules' for co-creation.

Superar International - Music for social change connecting across 7 countries

Elana Andrews (RO) 90 min

Music is examined as a way to bring people together across background, language, age, and ability, and how this can be actively achieved. The Superar Approach shares techniques from Teaching Artists across seven countries to promote cohesion and collective music-making in any setting.

Partnering with Students as Co-Creators: A Classroom Immersive Theater Framework

Tasha Milkman (US) 90 min

Led by Tasha Milkman and Becky Baumwoll, artists from NYC's Broken Box Mime Theater present an immersive workshop that turns classroom sessions into collaborative narrative experiences. Emphasizing shared idea flow between students and facilitators, it models a program used in a Harlem elementary school.

Creative Citizenship with Raisehof Collectief

Mirjam Van Tilburg (NL) 90 min

Young people in a Dutch suburb lead the creation of a shared space through the Raisehof Collectief. With support from adults, they use artistic practices like storytelling, photography, and mapping to re-imagine their environment and build shared responsibility.



Rhyme and Reason: Poetry for Wellbeing in secondary schools

Emma Bush (GB) 90 min

Led by Emma Bush and Hanna Lambert, the session presents the impact and outcomes of the Rhyme and Reason Creative Wellbeing Pilot, now in its second year across five English secondary schools. Alongside a formal lecture, it offers insight into the practical activities used in the programme.

From plant to print

Emma Henderson (GB) 90 min

A hands-on workshop introduces block printing on paper using plant-based inks. Participants learn about natural colours and how they change through mixing, layering, and traditional modifiers like iron and alum. They create their own prints while exploring sustainable making approaches.

Double Self-Portrait: The Other Side of the Classroom Theatre

Hyun Jung Lee (KR) 90 min

When identities collide, art can broker a truce. This session helps you recognize inner conflict and weave it into a coherent self. Through simple analog and digital steps, a double self-portrait is created. Participants are asked to submit two face-centered photos that represent their contrasting selves.

Poster Presentations

Balbina Daes Pienaar, Jiunwen June Wang, Seonyeong Shyu, Wim Pelgrims, Chopi Precious Basopo, Tatjana Scheck, Tina Van Roy

When identities collide, art can broker a truce. This session helps you recognize inner conflict and weave it into a coherent self. Through simple analog and digital steps, a double self-portrait is created. Participants are asked to submit two face-centered photos that represent their contrasting selves.

16:30 - 18:00 Parallel Sessions # 2

Choose your learning pathway:

Choose [ONE 90-minute workshop](#)

Choose a combination of [TWO workshops](#)

Mentoring Artists and Teaching Artists

Marit Ulvund (NO) 50 min

Led by Marit Ulvund and Maja Skogstad, the session examines what it means to be an arts mentor and the value mentors bring to art production and participatory arts. Participants engage in practical activities while discussing key qualities and the practicality of mentoring.

Teaching Arts & STEAM outside the classroom from a distance or by playing a game

Sarah Rohaert (BE) 20 min

Art, design, architecture, and STEAM can be taught beyond the classroom through games and distance learning tools. It shows how playful digital and analogue formats can engage and surprise students. Participants learn how to design creative learning experiences such as games or mystery boxes.

Sound and Improv

Sheeta Ng (HK) 50 min

Mindfulness and sound come together through spontaneous musical improvisation. Participants use instruments and everyday objects to build presence, creativity, and joy. The workshop offers inspiring tools for educators to bring playful, mindful creativity into their classrooms.

Soundscape and Storytelling: Understory

Kate Halsall (GB) 20 min

Explore soundscapes and storytelling through the Understory project developed with schools and communities in Northern England. Participants discuss sonic landscapes in both immediate and familiar environments. It introduces recording techniques for education and ways to tell personal stories through meaningful sound.

Everyone Is An Artist

Louise Marshall (GB) 50 min

Led by Louise Marshall and Lucy McGlennon, teachers are empowered to embrace their artistic potential in everyday teaching. The project integrates film and drama into the curriculum through practical classroom activities. It also includes reflective exercises that support teachers' professional growth.

From Page to Stage with the Puppettheatre

Nené Lazaric (AT) 20 min

Picture books are transformed into short puppet theatre plays for language learning. Storytelling and drama make foreign language classes more creative and engaging, helping students build language skills while developing confidence and imagination.

Legislative Theatre

Ezenwa Okoro (NG) 50 min

Legislative theatre uses performing arts and role-play to address community issues and inequalities. Participants engage policymakers, officials, and citizens in dialogue and solution-building. The approach helps turn audiences into active contributors and potential allies for change.

Body-Voice: Noise and music

Keshav Kumar Proch (IN) 20 min

The body is explored as the primary source of sound, voice, and music-making. The workshop investigates how noise can become expressive through rhythm, resonance, and voice. It invites participants into collective improvisation and shared musical creation.

18:15 Performance Balle Aux Pieds

Theatre company Lesg'Arts (Côte d'Ivoire)

Two artistic fields are primarily combined in this performance: the performing arts (dance) and sport (football). From their encounter emerges a hybrid form of expression, characteristic of the performance *Balle aux Pieds*. Bodies unite through movements, sounds, and installations that interconnect them.

It is a team sport played primarily with the feet, using a spherical ball. It pits two teams of players against each other in a stadium, whether on a grass pitch or an indoor court. The objective is for each team to put the ball into the opposing goal, without using their arms, and to do so more often than the other team.

At its core lies physical contact as part of the interpersonal relationship in a football match. Here, *Balle aux Pieds* becomes a choreographic piece that plays with symmetries and asymmetries to address tension, attraction, and repulsion during a football match.

SCHEDULE DAY 2

Arts & Care: healing through creative connection

Art as a driver for care, wellbeing, and human connection. This theme explores how artistic practices create space for inclusion, mental health, healing, and resilience – from individual experiences to collective care.

08:00 - 09:00	Morning Coffee and Registration
08:30 - 09:00	Morning orientation for new delegates
09:00 - 10:00	ITAC Hub plenary presentations
10:00 - 10:30	Break
10:30 - 12:00	Parallel Sessions #3
12:00 - 13:00	Lunch
13:00 - 14:00	Keynotes Arts & Care
14:00 - 14:30	Parallel Sessions #4
16:00 - 16:30	Break
16:30 - 18:30	Break Out Activities
19:30 - 22:30	Network Dinner or performance LT

DAY 2

8:30 Morning Orientation

Morning Orientation is an informal welcome session for participants joining the conference on Day 2 or Day 3. Catch up on what you missed, get an overview of the programme and themes, and start your day feeling informed and connected.

9:00 Plenary session: ITAC Hubs

ITAC Hub Plenary Sessions bring together members of the ITAC Hubs to share inspiring practices, local initiatives and emerging ideas from their regions. Join representatives from Curious Minds Scotland and KACES (Korea Arts & Culture Education Service) as they explore how teaching artistry is shaped by different cultural contexts and strengthened through international exchange.

10:30 - 12:00 Parallel Sessions #3

Choose your learning pathway:

Choose an **ITAC Hub** workshop

Choose **ONE** 90-minute workshop

Choose a combination of **TWO** workshops



The voice of Latin American youth. Words that heal

Patricia Taboada (AR) 90 min

A regional initiative amplifies youth voices across Latin America on mental health and wellbeing through art, listening, and research. Using workshops, poetry, and theatre, it gathers insights from over 70,000 young people to inform policy and promote healing dialogue.

Creating Through a Trauma-Informed Lens: Lessons Learned in Teaching Art to Adolescents in Psychiatric Care

Zoë Lintzeris (US) 90 min

The session explores how art-making supports adolescents in psychiatric care and treatment settings. It includes insights into visual arts approaches, practical tools, and a 30-minute activity focused on symbol-making, collaboration, and sound to support expression.

Teaching Theatre Artistry: A Methodological Conversation Approach to Participatory Theatre on Substance Abuse

Lanre Qasim Adenekan (NG) 90 min

The session focuses on using methodological conversation to design participatory theatre research on substance abuse. It explores how dialogue can enhance engagement and collaboration in theatre-based research projects.

Where Music Begins: The Voice of Infants

Sarah Verhulst (BE) 90 min

The workshop focuses on infants' responses to music as meaningful expression and connection. It provides tools for musical play and sensory-rich environments that support listening, creativity, and caregiver–infant relationships.

Without Words: Activating Engagement Through Non-Speaking Teaching Methods

Becky Baumwoll (US) 90 min

Non-speaking teaching methods are explored as a way to transform learning spaces and enhance access and engagement. Led by ITAC Innovator Becky Baumwoll from Broken Box Mime (NYC), the session includes a wordless mini-lesson followed by reflection on the pedagogy behind it.

Storyflow towards Actualization

Robbe Dockx (BE) 90 min

Storytelling and lyricism are used to turn confrontation into connection through shared creative expression. Participants transform vulnerability into strength, supporting artistic identity, self-love, and care.



Accessibility in Action by the ITAC/US Hub Working Group on Accessibility

Heather Bryce (US) 90 min

Led by Heather Bryce and Heather Marshall, a hands-on workshop focuses on making arts teaching and events more accessible for people with disabilities. Participants try practical activities and facilitation techniques and reflect on how to apply them in their own practice.

Serious Play: Bedside Theatre as Teaching Artistry in Action

Nicole Adkins (US) 90 min

The session, led by Nicole Adkins, Elizabeth Brendel Horn, and Scottie Rowell, explores how Teaching Artists can bring joy, agency, and imagination into pediatric healthcare. It uses excerpts from Let's Go Camping! to examine arts engagement at hospital bedsides and how Teaching Artistry can transform children's hospital experiences.

Let's grieve together

Pieter Deknudt (BE) 90 min

When someone dies, many of us struggle as social networks shrink, yet humans have long used the arts to face life's biggest transitions. In this workshop, he explores how the arts can break taboos, rebuild connection and create a more resilient society.

10:30 - 12:00 Parallel Sessions #3

Choose your learning pathway:

Choose an [ITAC Hub workshop](#)

Choose [ONE](#) 90-minute workshop

Choose a combination of [TWO](#) workshops

Lessons from Psychology: how research can help Teaching Artists understand their impact on children's creativity and curiosity

Saul Argent (GB) 50min

This session uses a current research project into Teaching Artists in the UK to help you understand how research can support your practice and how a century of psychological investigation into creativity and curiosity could be harnessed to advocate for the importance of the work of Teaching Artists globally.

Storying Through Touch

Can Boyan (BE) 20 min

Touch reveals what vision cannot, guiding a collective storytelling process. A texture-rich object is passed from person to person, and each participant speaks while holding it, adding to the unfolding story. Surfaces spark words, regulate participation, and turn texture into shared creative material.

Embodied Awareness for Sustainable Artistic Practice

Magda Thielemans (BE) 50min

An interactive workshop introduces Thielemans' Physical Artistic Awareness Method, a body-based approach for artists to better understand their body as their first instrument. It supports artistic expression while promoting physical sustainability and long-term career resilience.

Anchors in the Arts: The Role of Trusted Adults in Supporting Emerging Adults in Youth Theatre

Clara Bloomfield (GB) 20 min

A research project examines the role of trusted adults in youth theatre for emerging adults (18–25), based on focus groups with educators and arts leaders. It explores how these adults provide stability during identity exploration and change, supporting co-regulation and resilience in a period of instability.

Music and metaphonological skills in preschool children

Sara Faggian (IT) 50min

Music is explored as a support for early language development through body-based activities in preschool children. It focuses on the link between musical training and phonological skills, grounded in neuroscience and classroom research.

Dance Doctors

Jennifer Regidor (BE) 20 min

Children with long-term illnesses work together with trainee dancers to create a dance prescription for a custom-made choreography that gives them the opportunity to dance along themselves. “Dance Doctors” demonstrates that dance is more than just movement; this unique project celebrates the power of creativity and resilience!

A dialogue between movement and text

Grozdana Lajic Horvat (HR) 50 min

Led by Grozdana Lajic Horvat and Marija Bitunjac, the workshop explores the relationship between spoken text and movement in space. It investigates how words and choreographic elements shape movement, including when they oppose each other. Participants work with texts to explore their interaction with movement, effort, and flow.

Who Cares?

Bert Roman (GB) 20 min

This isn't a show - it's a treatment. Nurse Bert flips the script, queering and celebrating caregiving. Through dance, comedy, activism, and empathy, it explores the politics-and joy-of healing and care. It invites audiences to laugh, move, and reflect on caregiving.

Climate poets

Creatief Schrijven (BE) 50 min

To be confirmed

13:00 Keynotes Arts & Care

Feeling at Home: the importance of stories

Winnie Ang

Stories can play a vital role in supporting our wellbeing and mental health. As Ali Smith writes, 'Books mean all possibilities; they mean moving out of yourself, losing yourself, dying of thirst and living to your full.' Stories help us navigate our social and emotional worlds by shaping the continuum of lived experience into narrative – sometimes coherent, sometimes fragmented or contradictory – both despite and because of life's peaks and valleys. Making meaning of the world is a fundamental part of child development, offering a way to explore different spaces of belonging. In this presentation, I reflect on my work exploring identity, trauma, resilience, and imagination, at the inspiring intersections of literature, arts and mental health.

Musical intervention by Junior Akwety

Junior Akwety

Born in Kinshasa (DRC) and based in Antwerp and Brussels, Junior Akwety is a multidisciplinary artist, performer, dramaturge, and artistic coach. His work moves across music, theatre, performance, and artistic transmission, with a strong focus on voice, improvisation, movement, and collective storytelling. Through his artistic and pedagogical practice, he explores identity, memory, transmission, love, resilience, and community.

How art can care for people

Luc Van Gorp

Luc Van Gorp is chair of CM Health Fund and the driving force behind Caruna, a broad social movement that aims to re-evaluate care as the foundation of our society. Caruna is based on the conviction that care is not merely a system or a sector, but a shared responsibility centred on humanity, solidarity, and looking after one another.

At ITAC8, Luc Van Gorp will share insights from the Caruna Care Summit, where art was deliberately used to make this movement tangible and visible. A rich and diverse arts programme – including visual and participatory art, theatre monologues, poetry, dance, installation art, moments of stillness, and caring spaces for encounter – created space for reflection, connection, and imagination.

14:30 - 16:00 Parallel Sessions #4

Choose your learning pathway:

Choose an ITAC Hub workshop

ONE 90-minute workshop

a combination of TWO workshops

The Nightingale: Drama for Well-Being and Social-Emotional Learning

William Yip (CN) 90 min

The workshop uses drama inspired by The Nightingale to respond to anxiety and disconnection among young people. Through story and play, participants explore emotions, empathy, resilience, and friendship as part of well-being and social-emotional learning.

Museum of Joy – Contribute an object of joy and improve your wellbeing

Jeffrey Tan (SG) 90 min

Led by Jeffrey Tan and Kang Chee Hui, this workshop is inspired by an Arts for Wellbeing program and uses the PERMA framework to explore positive emotion, engagement, relationships, meaning, and accomplishment. Participants bring a yellow object that brings them joy and share stories connected to it. Together, they co-create a movement sequence focused on wellbeing.

Indigenous Medicine Wheel Teachings and Smudging

Chantal Chagnon (CA) 90 min

Indigenous teachings on the Medicine Wheel and Smudging are shared, highlighting their role in balance and healing across many First Nations and Indigenous cultures.

Participants learn about their history, meaning, and respectful protocols, and take part in a Traditional Smudge Ceremony.

Facilitator training for creating safe, sensory spaces for audiences with neurological and cognitive challenges.

Margot Wood (ZA) 90 min

A hands-on, practical training session for Teaching Artists, facilitators, and theatre-makers interested in creating arts experiences for participants with neurological and cognitive challenges.

Marks of Resilience: Urban arts as a tool for healing

Laura Frood (GB) 90 min

Graffiti is explored as a form of expression for young people that supports agency, voice, and identity in marginalised contexts. It considers how mark-making can support processing and recovery from traumatic experiences and function as a therapeutic tool in youth and community work.

From Burnout to Belonging: Teaching Artistry as a Bridge between Care, Knowledge and Ecology

Margarida Pires (PT) 90 min

The workshop looks at how art can turn burnout into belonging through participatory, hands-on practice. Using drawing, words, and natural elements, participants connect care, learning, and ecology. Together, they create visual tools that support resilience, wellbeing, and creative teaching across contexts.

Discover the Universal Language of Engagement: Creative Strategies for Inclusive Therapeutic Practice

Benjamin Hayward Segal (AU) 90 min

Tools are shared to inspire participation through language and body awareness in inclusive therapeutic practice. Strategies focus on building trust, sparking memories, and creating safe, inclusive spaces across diverse settings.



Exploring International Exchange in Arts and Culture Education: Towards Artist-Led Network Platforms

KACES (KR) 90 min

Led by Jee-Hye Suh, Hwan-Jung Jae, and Byung-Joo Kim, this participatory seminar explores what international exchange in arts and culture education is and why it matters. Participants engage in open discussion, exploring sustainable collaboration and supporting practitioner networks in arts education.

Collective Care through Craft

Carina del Rosario (US) 90 min

Collective care is explored through artmaking as a way to ease feelings of isolation and shared emotional burden. In Carina A. del Rosario's Lay Your Burden Down project, participants embellish written 'burdens' with fabric and embroidery. These textile pieces are later sewn into pillows as part of the ongoing LYBD project.

Mo(u)rning Dances

Jennifer Regidor (BE) 90 min

Explore your unique movement language through partner work before connecting as a group to co-create a movement ritual of resilience and grief. Open to dancers and non-dancers alike, this workshop celebrates connection through shared movement.

14:30 - 16:00 Parallel Sessions #4

Choose your learning pathway:

Choose an [ITAC Hub workshop](#)

Choose [ONE](#) 90-minute workshop

Choose a combination of [TWO](#) workshops

Echoes of Place: Voices and Visions of Where We Come From

Annase Raji (US) 50min

Identity, belonging, and connection are explored through collaborative poetry and imagery. Participants create a group poem, pair it with images, and develop a short multimedia piece using writing, voice, and visuals. The process aims to spark empathy, reflection, and a sense of community, with no artistic experience required.

PART OF ME - identities in residential care facilities for the elderly

Bob Selderslaghs (BE) 20 min

The project explores the many roles of elderly people in residential care beyond a single view of frailty. Working with residents of the Dageraad residential care facility in Antwerp, drama techniques and audio portraits are used to share their stories and identities.

Creating ‘Relaxed Performances’

Karen Birch Blundell (US) 50min

Relaxed Performances are presented as a way to design inclusive events for all neurotypes. The session includes a sensory-friendly performance and discussion of inclusive design choices. Participants gain practical strategies for audience-centered programming.

Inclusive theatre

Sanna Sareela (FI) 20 min

Inclusive Theatre draws on the upcoming book *Kaikkien Teatteri* and the experience of building a group focused on accessibility and diversity. It shares practical tools and shows how inclusive practices can expand creative possibilities and reshape theatre.

#STARTWITHARTS - The Creatives' Campaign

Eona Craig (GB) 50min

#STARTWITHARTS is a youth-led campaign by Articulate's Creative Changemakers advocating for care-experienced young people to access arts and cultural life. It calls for embedding arts access in every Scottish Child's Plan - in line with the UN's child's right to participate in cultural and creative activities - challenging barriers and promoting inclusion in Glasgow's arts community. It uses 44 billboards with a co-written poem that can be pieced together across locations, highlighting creativity as a right.

Performing Belonging: Theatre's Role in Youth Wellbeing & Self-Efficacy

Kelly Freebody (AU) 20 min

Join this interactive session to experience how drama builds connection, confidence and care. Through simple participatory exercises and reflection, we explore current evidence showing how theatre can improve mental health and self-efficacy in young people. Walk away with adaptable practices to strengthen wellbeing in your own context.

I Am the Instrument: Body Awareness in Music Education

Diego Becerra Malaga (PE) 50min

Led by Diego Becerra Malaga and Keiber Gonzalez, this workshop for music educators focuses on body awareness to improve teaching and music-making. It uses movement, breath, and mindful routines to reduce tension and support more expressive playing.

Let's Talk About... Water

Theaterpädagogisches Zentrum der Emsländischen Landschaft (DE)

In the site-specific performance *Let's talk about... water* from the dance ensemble Wassergänge und Flussläufer, the audience is invited to participate in the kinesthetic experience of hearing, feeling, sensing and getting in touch with a basic element of our life on earth: water.

***to attend this performance at Saint-Anna BEA, make sure to catch the bus at 15:40 at the exit**

Letters of Encouragement

Creatief Schrijven (BE) 50min

To be confirmed

Let's Talk About... Water

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16:30 Breakout activities

* Attendees of the festival performance *Let's talk about... water* cannot join the breakout session due to a scheduling conflict.

There is Another Way

Film by Combatants for Peace

There is Another Way (2025), directed by Stephen Apkon, follows Combatants for Peace, a grassroots movement of Israelis and Palestinians working together for nonviolent peacebuilding. The documentary features Dr. Chen Alon, whose work with Theatre of the Oppressed helps participants navigate grief, address trauma, and challenge polarizing narratives. The film highlights their ongoing commitment to justice and collective liberation despite escalating violence since October 7.

Wandering through history

Marc Van Kessel (BE)

Join a professional local guide for a walking tour through Antwerp's historic streets and lively squares. Discover fascinating anecdotes, local legends and remarkable characters while exploring the stories behind the city's landmarks. The tour offers insight into the people, events and traditions that have shaped Antwerp's past and continue to influence the city today.

Inside The Forest School

Thomas Janssens (BE)

Step into the world of The Forest School, an inclusive theatre project co-created with autistic adults, in one of the pavilions of the Middelheim Museum where the project was originally developed. Through stories, rehearsal materials and participatory exercises, discover how lived experience, co-creation and neurodiverse perspectives shaped a professional performance.

Reconnect with our myths

Frédérick Moreau (CA)

Set in the natural surroundings of Domein Hertoghe, this outdoor workshop invites participants to create a new mythological narrative inspired by diverse cultural backgrounds and two years of artistic work with teenagers. Discover myth as a powerful tool for social connection while deepening your awareness of the fragility and importance of nature.

The Art of Slow Looking

Antwerp Photography Museum

At FOMU, Antwerp's museum of photography, experience a guided Visual Thinking Strategies session centred on a single photograph. Through attentive observation and shared conversation, discover how slowing down can reveal new details and perspectives.

The Situation is Fluid

M HKA

At M HKA, Antwerp's museum of contemporary art, explore a selection of key works by Flemish and international artists that reflect on image, action and society. Guided by Rosa Weis, discover how the collection connects Antwerp's post-war avant-garde with the challenges and perspectives of today's changing world.

Poetry workshop

Anna Borokhina (BE)

To be confirmed

19:30 Networking Dinner

Join us for an unforgettable evening at Instroom, the socially driven restaurant of Michelin Green Star chef Seppe Nobels. More than a fine dining experience, this optional network dinner invites you on a culinary journey shaped by the cultures, memories and traditions of the restaurant's team. Each dish tells a story, reflecting the diverse backgrounds of the people who have found a new home and a new professional future through Instroom.

Founded as a social employment initiative, Instroom creates opportunities for newcomers and refugees to develop their talents through professional training in hospitality and gastronomy. While enjoying an exceptional dinner, you'll have the opportunity to connect with fellow participants, exchange ideas, and experience firsthand how food, storytelling and human connection can build bridges across cultures.

This is an optional event and requires a separate ticket. Places are limited, so advance booking is recommended.

SCHEDULE DAY 3

Arts & Civic Engagement: fostering dialogue and societal change

Art as a catalyst for civic engagement and societal change. Engaging with themes such as conflict, identity, social justice, and sustainability, Teaching Artists explore how creative processes foster dialogue, active participation, and strengthen community connections. The day will culminate in an inspiring panel discussion and a closing ceremony, bringing the energy and insights of the conference to a powerful close.

08:00 - 09:00	Morning Coffee and Registration
08:30 - 09:00	Morning orientation for new delegates
09:00 - 09:30	Jennifer Regidor and ITAC8 participants
09:30 - 10:00	Plenary presentations from the ITAC Hubs
10:00 - 10:45	Keynote Art & Conflict Management
10:45 - 11:15	Break
11:15 - 12:45	Parallel Sessions #5
12:45 - 13:45	Lunch
13:45 - 15:15	Parallel Sessions #6
15:45 - 16:15	Closing plenary & handoff ITAC9
16:15 - 16:30	Artistic intervention & group photo
20:00 - ...	Closing ceremony Louder Together

DAY 3

8:30 Morning Orientation

Morning Orientation is an informal welcome session for participants joining the conference on Day 2 or Day 3. Catch up on what you missed, get an overview of the programme and themes, and start your day feeling informed and connected.

9:00 Jennifer Regidor and ITAC8 participants

Start the day by joining participants from Jennifer Regidor's Mourning Dances workshop in a shared movement ritual. Through simple, accessible movement, the ITAC8 community is invited to connect, reflect and begin the day together.

9:30 Plenary session: ITAC Hubs

Join the global ITAC community as we celebrate the continued growth of the network with the announcement of new ITAC Hubs. Hear from Hub representatives, discover emerging regional initiatives, and explore new opportunities for international collaboration.

10:00 Keynote Non-Violence as Art

As former Israeli and Palestinian combatants, Chen Alon and Sulaiman Khatib underwent a personal transformation from enemies to allies. From the belief that change is possible – that people can change themselves and the reality they live in – they founded Combatants for Peace, a grassroots movement of Israelis and Palestinians working together to end the occupation and bring peace, freedom and safety for all people between the Jordan river and the Mediterranean sea. In 2017, Chen and Sulaiman were both nominated for the Nobel Peace Prize. From their collective and personal stories, they will talk about 'non-violence as art'.

11:15 - 12:45 Parallel Sessions #5

Choose your learning pathway:

Choose an [ITAC Hub workshop](#)

Choose [ONE](#) 90-minute workshop

Choose a combination of [TWO](#) workshops

Drama Pedagogy in Science Classrooms

Wanessa do Bomfim Machado (BR) 90 min

Drama is presented as a playful, collaborative way to teach complex science topics like environmental awareness and vaccines. The workshop introduces hands-on drama pedagogy for learners of all ages. It includes a presentation of *The Revenge of Abélia*, a satirical skit on pesticides and biodiversity that blends reflection with performance.

From Intention to Evidence: Experiencing AIM's Approach Through Conflict Transformation

Fiona Cunningham (LI) 90 min

How can Teaching Artists design for and evidence student outcomes beyond the arts, using conflict transformation as a shared context? Led by Firebird alumni, participants engage in a live artistic process while exploring AIM's approaches to planning, observing, and evidencing learning. The session shows how action research and AIM's frameworks support more intentional and coherent outcomes.

The Seen and Unseen in Fabric and Form: African Dolls as Vessels of Memory and Identity

Raita Steyn (ZA) 90 min

African doll-making is presented as a living art form and a vessel of memory and identity. Inspired by Lemba and Venda traditions, participants create dolls from recycled materials while using storytelling as cultural practice.

Narrative Kitchen

Sudebi Thakurata (IN) 90 min

Narrative Kitchen, led by Sudebi Thakurata and Probal Banerjee, uses food as a medium and metaphor for inclusion and participation. Through a gamified approach with cards and food items, it opens conversation on identity, power, culture, and climate.

Building Sustainable Teaching Artistry: Voices, Data, and Advocacy in Action

Dale Novella Anderson-Lee (US) 90 min

The session shares research on Teaching Artist sustainability and how to put it into action. Through discussion and collaborative activities, participants develop strategies to support careers, equity, and wellbeing in the field.

Remembering as Re-Membering: Writing for Presence into Educator's Inner Landscape

I-Chia Chiu (TW) 90 min

Reflective writing helps educators and Teaching Artists explore memories shaping their teaching lives. It uses 're-membering' to reflect on integrity, vulnerability, and facilitation in creative spaces.



Bountiful Resources Inside Us: the U.S. Hub Wants to Get to Know You

Jean Taylor and co (US) 90 min

Lincoln Center Education/NY and Archive for Health, Art & Spirit/HI (AHAS) together comprise the ITAC US Hub. We invite you to join us for art making, reflection, conversation and community-building. Rooted in the belief that every person carries a wealth of creativity, wisdom, and possibility within, we gather through art to deepen our connection to ourselves, one another, and the worlds we are imagining into being.

Building Access: Creating Accessible Tools

Heather Bryce (US) 90 min

In this fun and creative hand-on workshop led by Heather Bryce and Heather Marchall, participants will understand how to build accessible tools from everyday materials to meet the access needs of their participants and learn strategies for collaborative performances using the design thinking process.

MULTICOLORS, building social sculptures

Dirk Proost (BE) 90 min

MULTICOLORS brings refugees and local communities together through collaborative music-making. Participants create musical sculptures using voices, simple instruments, and everyday sound objects, guided by a graphic score.

11:15 - 12:45 Parallel Sessions #5

Choose your learning pathway:

Choose an [ITAC Hub workshop](#)

Choose [ONE 90-minute workshop](#)

Choose a combination of [TWO workshops](#)

Children's flexible solidarity (community) created through art in the disappearing city of 'Island's Shape' : Delightful social participation and solidarity

Ye Jungwon (KR) 50min

Arts and culture education is framed as a process driven by children's questions and artistic experience. In a disappearing city island, it highlights how loose connections with an artist foster social participation and solidarity.

We love where we live - Facilitating Co-Creativity for Healthy Communities

Verena Thomas (AU) 20min

Collaborations between Papua New Guinean and Australian Teaching Artists activate community spaces to discuss health and wellbeing. Through co-creative processes using drawing, music, animation, and shared events, communities produce work that expresses local understandings of healthy living.

Theater as Climate Action: Creating Space with Youth for Environmental Storytelling

Shana Bestock (US) 50 min

The session explores how place, environment, and different types of spaces can inspire youth-centered theater practice. It considers how nature and theater tools can deepen creativity and support responses to the climate emergency.

Lyrics as Bridges: Hip-Hop for Youth and Immigrant Communities

Hangeul Kim (KR) 20 min

The session explores how place, environment, and different types of spaces can inspire youth-centered theater practice. It considers how nature and theater tools can deepen creativity and support responses to the climate emergency.

Creativity Island: A Model for Constructing Curiosity and Wonder

Jamie Mackay (GB) 50 min

Led by Jamie Mackay and Annie McCourt, Creativity Island is a place where participants arrive and create on a personal strip of beach. The island setting invites curiosity and making things that may become 'art'.

MadHatter's Union 'Spill the Tea Party!'...sharing other people's business (for mutual benefit)

Patricia Cruz (FR) 20 min

Amplify the ITAC conference experience by taking time to sip inward reflection TEA, then nibble the Global Teaching Artistry cake. Fall down a rabbit hole of curious connections and powerful collaborations. Deepcasting before broadcasting, Mad Hatter Tea Party Attire Encouraged.

13:45 - 15:15 Parallel Sessions #6

Choose your learning pathway:

Choose an [ITAC Hub workshop](#)

Choose [ONE](#) 90-minute workshop

Choose a combination of [TWO](#) workshops

Listening At the Edge of The Staff Lines: Expanded Listening and Mapping Place

Thea Martin (AU) 90 min

What does it mean to listen beyond the passive, docile body, through expanded and embodied listening practices? The workshop brings together walking-based research, deep listening, experimental scoring, and cartography as ways of mapping place. Participants engage through movement, sound, mark-making, and collaborative listening practices. Co-presenter Gabrielle Stoddard

Breaking Patterns, Building Futures

Ale Barahona (GT) 90 min

Art is presented as a tool for empowerment and social change, helping to unlearn stereotypes, challenge inequality, and reimagine roles in community transformation. Hands-on exercises focus on women's voices and personal expression. It shows how individual expression can inspire collective action and meaningful change.

YLIDODO — Melting Shapes, Breaking Levels

Peter Atsu Adaletey (GH) 90 min

Teaching Artists are invited to move, imagine, and create beyond traditional boundaries through playful prompts and improvisational exploration. Participants use body and voice to transform limitations into connections in a collaborative process. It celebrates creative risk-taking and collective expression, where movement becomes dialogue and art becomes a shared roar of possibility.

What role do arts education - and theatre in particular - play in providing a space for women's expression in the face of conservative societies?

Chabchoub Taoufik (TN) 90 min

Arts education and theatre are examined as spaces for women's expression in conservative societies. The session reflects on how theatre can support emancipation and create change through practice and experience.

How can we learn from African dance traditions and perspectives for sustainable and peaceful living?

Achi Jean Berenger BECHIO (CI) 90 min

Led by Achi Jean Berenger Bechio, Messou Grace Alexia Marie, Brou N'guessan Evelyne, and Mel Jean Axel Sagba, this energetic session explores how we can draw from the traditions and perspectives of African dance to foster a sustainable and peaceful life. Participants will groove to rhythms and beats while learning African movements from both traditional and contemporary styles. The class invites you to explore the richness of African culture, celebrate its diversity, and connect with the rhythm.

Drawing Our Differences, Finding Our Threads

Christiana Deliewen Afrikaner (NA) 90 min

Storytelling and collaborative drawing connect generations through shared creativity. Participants co-create visual stories that celebrate identity, empathy, and belonging.

Umpukan - Casual Conversations on Art Education and Change through Community Weaving

Cathy Lasam Ballo (PH) 90 min

Teaching Artists gather in a relaxed space to share experiences while creating a collaborative soft sculpture inspired by the Filipino umpukan. They weave recycled materials into an interactive piece that reflects hopes for art education.

The role of trust in community-engaged creative practice

Chrissie Ruckley (GB) 90 min

Scottish funders, artists, and participants examine community-engaged creative practice without pre-defined outcomes. The focus is on trust in working with communities and what is needed to support open-ended processes.

Threads of Belonging: Textile Practice for Healing & Learning inside Criminal Justice Systems

Nikkita Morgan (GB) 90 min

Textile practice in criminal justice contexts is used to support agency, healing, and community building. Participants experiment with materials, share stories, and develop approaches for constrained settings, gaining adaptable tools for their own practice.

13:45 - 15:15 Parallel Sessions #6

Choose your learning pathway:

Choose an [ITAC Hub workshop](#)

Choose [ONE 90-minute workshop](#)

Choose a combination of [TWO workshops](#)

From Spice Rack to Connection: A Recipe for Reflective Practice

Venus-Tyane Kuya (US) 50 min

Teaching Artists' lived experiences and creative methods are used as a 'spice rack' for shaping teaching and connection. Through stories, movement, and improvisation, participants co-create short pieces and share their work. Reflection highlights how these creative 'recipes' support community-rooted artistry.

Lost

Elin Groot Rouwen (NL) 20 min

Can we still face the unknown when everything is at our fingertips? How does faith evolve when we rely more on our phones than on each other? In this artistic research project, we investigate how the arts and arts education can help manage and counteract the effects of the digital impact on our daily lives and the world we live in.

Climate-Voices and Visibility²

Sangeeta Isvaran (IN) 50 min

Climate change is explored through marginalized South Indian animist performance traditions and the lived experiences of historically excluded communities. Rooted in empathy-based social transformation, the workshop creates inclusive spaces to understand ecological relationships, address climate grief, and build collective resilience.

Just Breathe, Okâwîmâwaskiy - A cross-cultural reconciliation project

Melanie Kloetzel (CA) 20 min

A cross-cultural project examines the climate crisis where economics, ecology, health, and Indigenous knowledge intersect. Through an excerpt or short film, it shows how creative artistry can support reconciliation between communities and between humans and the land in settler colonial contexts.

Teaching Artists as multilingual world builders

Irene Zhiyi Chen (CN) 50 min

Multilingual communication is explored as a way to enrich storytelling, playwriting, and pedagogy. The session considers how telling stories in multiple languages can create layered, resonant forms of expression.

Hauscat: Echoes of the Diaspora

Naide Brito (BE) 20 min

Hauscat connects African electronic music with community care through sound, storytelling, and reflection. It explores how creative gatherings can foster belonging, diasporic pride, and social well-being. The session rethinks nightlife as a space for identity and empowerment.

15:45 Closing Plenary & Handoff ITAC9

Reflect on the key insights, questions and moments that shaped ITAC8 during this closing panel conversation. Together, we look back on what we have learned, what will stay with us, and how these exchanges may continue beyond the conference.

16:15 Artistic intervention & Group Photo

We close this part of the programme with a final artistic intervention, bringing the festival spirit into the last moments of ITAC8. Afterwards, all participants are invited outside for a group photo with the full conference community.

20:00 Closing Ceremony Louder Together

Join us at the Festival Centre Elckerlyc for the official closing ceremony of Louder Together, bringing together the festival, ITAC8 and all participating communities. This final gathering celebrates the connections, encounters and shared experiences created throughout the event.